

## Park Prescription Planning Meeting





## [Your Location] Park Prescription Partner Planning Meeting [Date and time] [Location]

## Facilitator's Agenda

Meeting
<b>Objectives:</b>

- Introduce concept of Park Prescription Programs
- Identify partners interested in program development
- Identify next steps and collective impact action

Time	Agenda Item	Outcomes
1:00-1:15	Introductions and agenda overview  - Have every participant identify as either clinical, public health, community, or park provider on name tag  Park Prescriptions Powerpoint Overview  - Use the ParkRx powerpoint on the ParkRx resource page  • Background on health and parks connection	<ul> <li>Participants understand context for integration of health and parks</li> <li>Participants understand background of the Park Prescription movement</li> </ul>
	Park Prescription programs case studies	
1:45-2:30	<ul> <li>Designing the program with partners</li> <li>Brainstorm what a Park Prescription program could accomplish</li> <li>Assess targeted populations and health goals</li> <li>Determine goals of a parks-and-health intervention from diverse participants</li> <li>Pose the following questions to your group for a group discussion. Works best if you have easel paper to record answers.</li> <li>How do you define Park Prescription</li> <li>What are some of the things you would like in a Park Prescription program?</li> <li>What are some of the challenges that [your target population] would face when given a park prescription? How could we overcome them?</li> <li>What are some of the community perceptions of the parks near them?</li> <li>What are the next steps needed to get a Park Prescription program going in [your location]?</li> <li>What are some of the current initiatives in this county that are taking place to promote health outdoors?</li> </ul>	<ul> <li>Participants discuss potential of a Park Prescription program</li> <li>Participants develop common goals</li> </ul>
2:30-2:45	Action items and moving forward	









