SURVEY FOR PROGRAM PARTICIPANTS

Park Prescription Program Qualitative Survey for Participants
To better understand the outdoor spaces and communities in [insert your location]

1) Age:
2) Race:
3) Sex:
4) Ethnicity:
5) Neighborhood:
6) Number of people in household, age/sex:

Please circle the response that most closely resembles your answer:

7) Is your household eligible for the free lunch program?
   Yes   No   Not Applicable

8) I feel like I can take action to improve my health
   Yes   No

9) Being outside makes me healthier
   Yes   No

10) On a scale of 1-10 (1 being unhealthy and 5 being in perfect health) please rate your current health
   1  2  3  4  5

11) I spend time at a park in [insert your city]:
   Once a day   Once a week   Once a month   Once a year   Never

12) I spend time at a park outside of [insert your location] in [your county]:
   Once a day   Once a week   Once a month   Once a year   Never

   Please rank your response from 1-4 (1 being the most important, 4 being the least important):

13) I would spend more time in parks in [insert your location] if...
   ___transportation was more accessible
___ someone was there to welcome me
___ I knew where they were and what to do there
___ they were safer

14) I would spend more time in parks outside of [insert your location] in [insert larger geographic region] if...

___ transportation was more accessible
___ someone was there to welcome me
___ I knew where they were and what to do there
___ they were safer

15) Which park do you visit the most in [insert your location] and why?

16) Which community resources do you use to find outdoor activities, if any?

17) What are your favorite outdoor activities?
This tool is adapted from
*Southeast Health Center Park Prescriptions Training,*
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by:
San Francisco Recreation and Parks Department
Healthy Parks Healthy People: Bay Area
San Francisco Department of Public Health
Golden Gate National Parks Conservancy
Institute at the Golden Gate
Golden Gate National Recreation Area
UCSF Benioff Children’s Hospital Oakland