



**Park Prescription Program Qualitative Survey for Participants**

To better understand the outdoor spaces and communities in **[insert your location]**

---

- 1) Age:
- 2) Race:
- 3) Sex:
- 4) Ethnicity:
- 5) Neighborhood:
- 6) Number of people in household, age/sex:

**Please circle the response that most closely resembles your answer:**

7) Is your household eligible for the free lunch program?

Yes                      No                      Not Applicable

8) I feel like I can take action to improve my health

Yes                      No

9) Being outside makes me healthier

Yes                      No

10) On a scale of 1-10 (1 being unhealthy and 5 being in perfect health) please rate your current health

1                      2                      3                      4                      5

11) I spend time at a park in **[insert your city]**:

Once a day              Once a week              Once a month              Once a year              Never

12) I spend time at a park outside of **[insert your location]** in **[your county]**:

Once a day              Once a week              Once a month              Once a year              Never

**Please rank your response from 1-4 (1 being the most important, 4 being the least important):**

13) I would spend more time in parks in **[insert your location]** if...

\_\_\_ transportation was more accessible



For more tools to build a Park Prescription program, visit **ParkRx.org**



- someone was there to welcome me
- I knew where they were and what to do there
- they were safer

14) I would spend more time in parks outside of *[insert your location]* in *[insert larger geographic region]* if...

- transportation was more accessible
- someone was there to welcome me
- I knew where they were and what to do there
- they were safer

15) Which park do you visit the most in *[insert your location]* and why?

16) Which community resources do you use to find outdoor activities, if any?

17) What are your favorite outdoor activities?

This tool is adapted from  
*Southeast Health Center Park Prescriptions Training*,  
which was created in 2013,

by:

San Francisco Recreation and Parks Department  
Healthy Parks Healthy People: Bay Area  
San Francisco Department of Public Health  
Golden Gate National Parks Conservancy  
Institute at the Golden Gate  
Golden Gate National Recreation Area  
UCSF Benioff Children's Hospital Oakland