



## SURVEY FOR PROGRAM PARTICIPANTS

### Park Prescription Program Qualitative Survey for Participants

To better understand the outdoor spaces and communities in [insert your location]

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- 1) Age:
- 2) Race:
- 3) Sex:
- 4) Ethnicity:
- 5) Neighborhood:
- 6) Number of people in household, age/sex:

**Please circle the response that most closely resembles your answer:**

- 7) Is your household eligible for the free lunch program?

Yes                      No                      Not Applicable

- 8) I feel like I can take action to improve my health

Yes                      No

- 9) Being outside makes me healthier

Yes                      No

- 10) On a scale of 1-10 (1 being unhealthy and 5 being in perfect health) please rate your current health

1                      2                      3                      4                      5

- 11) I spend time at a park in [insert your city]:

Once a day              Once a week              Once a month              Once a year              Never

- 12) I spend time at a park outside of [insert your location] in [your county]:

Once a day              Once a week              Once a month              Once a year              Never

**Please rank your response from 1-4 (1 being the most important, 4 being the least important):**

- 13) I would spend more time in parks in [insert your location] if...

\_\_\_ transportation was more accessible



- someone was there to welcome me
- I knew where they were and what to do there
- they were safer

14) I would spend more time in parks outside of *[insert your location]* in *[insert larger geographic region]* if...

- transportation was more accessible
- someone was there to welcome me
- I knew where they were and what to do there
- they were safer

15) Which park do you visit the most in *[insert your location]* and why?

16) Which community resources do you use to find outdoor activities, if any?

17) What are your favorite outdoor activities?

This tool is adapted from  
*Southeast Health Center Park Prescriptions Training*,  
which was created in 2013,

by:

San Francisco Recreation and Parks Department  
Healthy Parks Healthy People: Bay Area  
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