Park Prescription Program Qualitative Survey for Partners
To better understand the outdoor spaces and communities in [insert your location]

Identifying questions
- Age
- Occupation/Organization or Company
- Ethnicity
- Highest level of education completed
- Years lived or worked in the [insert your location] (please clarify which)
- On a scale of 1-5 (1 being unhealthy and 5 being in perfect health) please rate your current health

Outdoor experience questions
- What is your favorite outdoor memory?
  - Describe the place and the activities you do there
- What is your favorite outdoor space in [insert your location]?
  - Describe the place and the activities you do there
- In your opinion what are some of the favorite outdoor spaces that the [insert your location] community has?
  - Elderly, youth, teen, family, etc. community specifically?
  - Why do you think they choose these outdoor spaces over others?
  - What activities does the community do in these outdoor spaces?
- How often do you spend time in parks in [insert your location]?
  - What do you usually do at the parks? Who goes with you? How do you get there?
- What do you think are the reasons that residents of [insert your location] don’t spend more time outside in parks?
  - Do you have any personal experiences with these barriers?
  - Does worry about crime prevent you from walking somewhere in the [insert your location] neighborhood?

Nature affinity and environmental stewardship questions
- What does it mean to you when I say...
  - “Parks”
  - “Nature”
  - “Outdoors”

For more tools to build a Park Prescription program, visit ParkRx.org
- Do you remember spending time outside as a child?
  - Who took you to these places? Where did you go and what did you do there?
  - Do you spend more time outside as an adult or when you were a child?

- What role do you think we (as humans, [insert your location] etc.) should play in protecting or restoring green spaces in our communities?
  - Do you think residents in [insert your location] share a similar view on this as you?
  - Do you think residents of [insert your location] are interested in volunteering to help protect or restore green spaces?

- What role should outdoor green spaces play in a child’s life? What about in an adult’s life?

**Intervention design questions**

- How do you think health care providers can help get people outdoors?

- If you were handed a park prescription by your health care provider, what steps would you take to fulfill it on your own?
  - Will asking people to take a picture and send it in work? If not, why? If yes, who will it work for?
  - Would you be more likely to fulfill your prescription if you received a telephone reminder, a text reminder, or email reminder? If so, which one would be adequate in getting you to fulfill your prescription?
  - Do you know where you would go to fulfill this prescription in [insert your location] and how to get there on your own?

- What tools or resources would help you or other residents of [insert your location] in fulfilling a park prescription?
This tool is adopted from
Southeast Health Center Park Prescriptions Training,
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San Francisco Recreation and Parks Department
Healthy Parks Healthy People: Bay Area
San Francisco Department of Public Health
Golden Gate National Parks Conservancy
Institute at the Golden Gate
Golden Gate National Recreation Area
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