



SURVEY FOR PROGRAM PARTNERS

Park Prescription Program Qualitative Survey for Partners

To better understand the outdoor spaces and communities in *[insert your location]*

Identifying questions

- Age
- Occupation/Organization or Company
- Ethnicity
- Highest level of education completed
- Years lived or worked in the *[insert your location]* (please clarify which)
- On a scale of 1-5 (1 being unhealthy and 5 being in perfect health) please rate your current health

Outdoor experience questions

- What is your favorite outdoor memory?
 - Describe the place and the activities you do there
- What is your favorite outdoor space in *[insert your location]*?
 - Describe the place and the activities you do there
- In your opinion what are some of the favorite outdoor spaces that the *[insert your location]* community has?
 - Elderly, youth, teen, family, etc. community specifically?
 - Why do you think they choose these outdoor spaces over others?
 - What activities does the community do in these outdoor spaces?
- How often do you spend time in parks in *[insert your location]*?
 - What do you usually do at the parks? Who goes with you? How do you get there?
- What do you think are the reasons that residents of *[insert your location]* don't spend more time outside in parks?
 - Do you have any personal experiences with these barriers?
 - Does worry about crime prevent you from walking somewhere in the *[insert your location]* neighborhood?

Nature affinity and environmental stewardship questions

- What does it mean to you when I say...
 - "Parks"
 - "Nature"
 - "Outdoors"



- Do you remember spending time outside as a child?
 - Who took you to these places? Where did you go and what did you do there?
 - Do you spend more time outside as an adult or when you were a child?

- What role do you think we (as humans, *[insert your location]* etc.) should play in protecting or restoring green spaces in our communities?
 - Do you think residents in *[insert your location]* share a similar view on this as you?
 - Do you think residents of *[insert your location]* are interested in volunteering to help protect or restore green spaces?

- What role should outdoor green spaces play in a child's life? What about in an adult's life?

Intervention design questions

- How do you think health care providers can help get people outdoors?

- If you were handed a park prescription by your health care provider, what steps would you take to fulfill it on your own?
 - Will asking people to take a picture and send it in work? If not, why? If yes, who will it work for?
 - Would you be more likely to fulfill your prescription if you received a telephone reminder, a text reminder, or email reminder? If so, which one would be adequate in getting you to fulfill your prescription?
 - Do you know where you would go to fulfill this prescription in *[insert your location]* and how to get there on your own?

- What tools or resources would help you or other residents of *[insert your location]* in fulfilling a park prescription?

This tool is adopted from
Southeast Health Center Park Prescriptions Training,
which was created in 2013,

by:

San Francisco Recreation and Parks Department
Healthy Parks Healthy People: Bay Area
San Francisco Department of Public Health
Golden Gate National Parks Conservancy
Institute at the Golden Gate
Golden Gate National Recreation Area
UCSF Benioff Children's Hospital Oakland